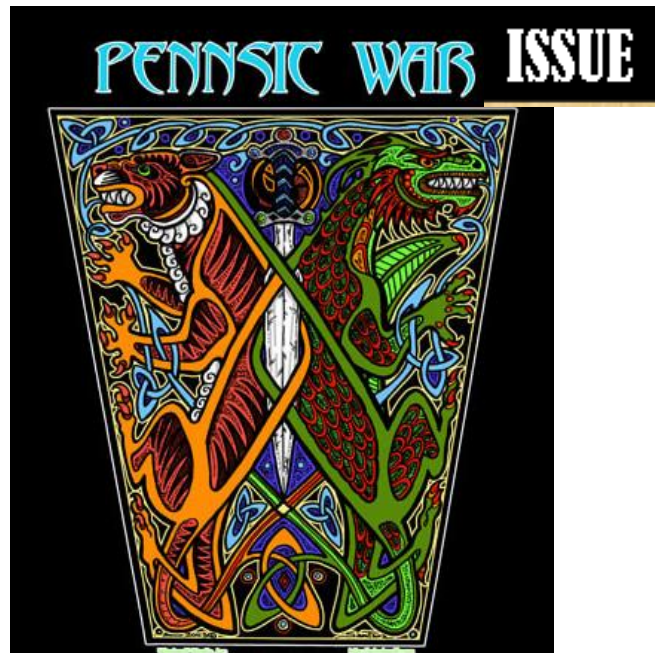


THE BARONY OF PONTE ALTO'S NEWSLETTER

IL TEMPO

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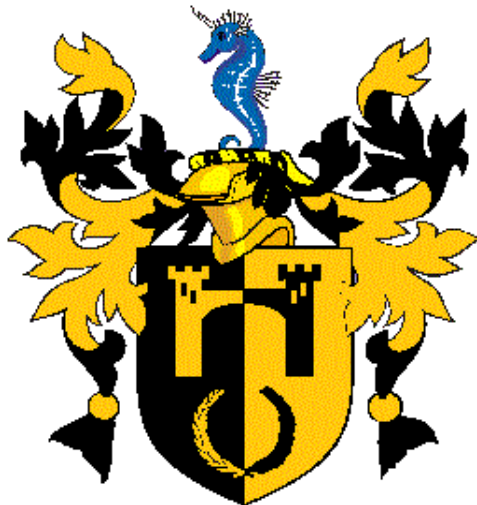
IL TEMPO masthead

Welcome to *Il Tempo* (The Times), the Newsletter of the Barony of Ponte Alto, one of the northern baronies in the Kingdom of Atlantia. Please submit corrections to
Chronicler AT pontealto.atlantia.sca.org

Il Tempo strives to be an informative read that you look forward to. To this end, we are always appreciative of any contributions to it, perhaps an article of a project you are working on or are interested in, how to make or play a period game, your experience at an event, how or what to prepare for a day trip or a War, a recipe or piece of garb that you've made, documentation on an item you've completed, a how-to on documentation, a few words on a historical person/event, photos, a book review, something to share with a newcomer – perhaps a short autobiography of your persona or how you came to figure out your persona. For longer narratives (on projects, for example) we can serialize as you go, including photos at various stages.)

This list of potential submissions can go on for ages –limited only by the speed at which our hands can write out what our minds can think of.

Come, share with us adventures in the great Barony of Ponte Alto, in the grand Kingdom of Atlantia, in this – the current Middle Ages!



Contents

<i>Il Tempo</i>	2
Contents	3
Announcements	4
Demos – Demos – Demos --	5
Fun Stuff: The Baronial Brewing Champion takes us to the Iron Age	7
Preview: Pennsic War 51	10
WATER AT COOPER’S LAKE	10
HELPFUL HITS FOR PENNSIC	11
HEAT MANAGEMENT	17
Populace Gathering Minutes	23
OFFICER’S REPORTS	23
EVENTS.....	24
OLD/NEW BUSINESS.....	26
Upcoming Events in Atlantia.....	27
Recognitions	27
Regnum.....	28
HELP WANTED!!!!	29
Disclaimer/ Links to Forms.....	31
Weekly/Monthly Events.....	32

Announcements

Next Newcomer's Meeting will be another Picnic with Fighter Practice at the usual park.
(Please see the Officers Reports, page 25.)

Come practice martial arts or other arts, bring a craft to work on (and show the newcomers!) hang out with old (or make new) friends, enjoy the afternoon. **Newcomers are especially welcome.** The Tysons-Pimmit library has plenty of free parking and there are accessible sidewalks to the park.

★

Archery:

Oyez! Oyez! Grimmsfield archery range will be open during Pennsic for practice

We normally close the range during Pennsic, because all the marshals are at Pennsic!

However, this year, we have a few marshals that will be staying in the area, and so the range will remain open!

Monday, 7/29, the range will be open at the normal time. 5pm to dusk. Grimm will be running the range.

Monday, 8/5, the range will be opening a little later than usual. 6pm to dusk. Lord Robin (Brian MacMonigle) will be running the range.

If you aren't planning to attend Pennsic this year, you can still come out and get in some archery practice! Feel free to wear garb to get that Pennsic feel!

yis

-Rónán

Tl:dr Grimmsfield archery range will be open during Pennsic for practice

Demos – Demos – Demos

Why Demos? As many of you know, the Society for Creative Anachronism is recognized by the I.R.S. as an Educational Non-Profit Organization. We do mostly educate ourselves, sharing information amongst each other, and by being open to the public, so anyone can attend University, or local A&S classes, or read a book or 10.

According to the SCA's national policy on Demos *“Demos are an important way of introducing ourselves to the community, fulfilling our organizational mission of education, and possibly finding new recruits for the SCA. However, not all demos are the type that result in new members. An elementary school demo is fun, but the likelihood of recruiting new members is low. A university or Renaissance Fair demo is more likely to attract new members but does not necessarily contain the educational community-relations value of a school demo. Both are important, and a group should find a balance between them.”*¹

All local groups should do demos, whether at schools, Rennfests, Malls, Art exhibitions, or even modern equestrian events. It helps support our status as a 501c(3) group under I.R.S. rules and has occasionally provided badly needed growth in groups that have been around for a long time.

In mid-May, Noble Cuno von Altebrücke, the A&S Minister, received a call from a Class Parent from the 5th grade classes at Oak View Elementary School. The schools have an annual Medieval Day, where the kids do a special study day about how the Middle Ages were different than the Modern age. She was looking for short lessons and displays, so Cuno reached out to the Barony, and Salimbene and Lady Lisbet put something together at the last minute for the kids. They did a four-hour demonstration from 9-1. There were 110 kids total, broken up into 14 small groups of around seven children each. The event was set up for several different ‘stations’ that each had different Medieval topics for the kids to learn about. They spent 10 minutes at each station. Besides Salimbene’s and Lisbet’s stations, teachers and parents put together themed games and crafts for the kids to participate in.

Salimbene tells us: “At my station, I demonstrated lampwork glass bead making. The kids were fascinated at how fire changed the glass rods from solid to malleable liquid and were very excited about the end results. While I couldn’t give anyone the beads I made there (they need hours to cool off!) the Baron and Baroness donated some of the Barony of Ponte Alto beads for the kids to have at the end of the demo. At Lisbet’s station, she taught the kids a late Medieval game called The Game of Goose. The kids had a lot of fun playing that! Many of them used the beads they got from the demo as their game markers, which was very cute!” The class was wowed by the presentations of various medieval arts and sciences, the ladies were all in their period costumes (garb) and games were demonstrated. One of these games is on the next page, for you and your family to try at home.

¹ <https://www.sca.org/wp-content/uploads/2021/05/DemoPolicy5-2021.pdf>

Game of the Goose

By Lisbet of Spinning Winds

Game of the Goose is a 4-8 player race game with 63 spaces spiraling around the finish line. It has appeared in several languages and variations from the 16th through 19th centuries and more recently as an online game. Spaces with geese prompt special action as do penalty spaces like the bridge, maze, and well. Although chance drives the outcome, the adventure can be quite entertaining for both adults² and children old enough to count and take turns. If only 2 or 3 people want to play, I recommend someone plays more than one marker to simulate the third and fourth players.



Figure 1. Game of the Goose set and photo by Lisbet

Extant games from before 1650 can be found at:

- *Il nuovo et piacevole gioco dell ocha* (The new and enjoyable game of the goose) engraving 1598 <https://flashbak.com/beautiful-vintage-board-games-from-the-16th-to-20th-centuries-455238/>
- The Pleasant Game of the Goose (*Il Dilettevole Gioco di Loca*) woodcut with contemporary hand coloring 1640 <https://www.metmuseum.org/art/collection/search/712017>
- A 16th century board of ebony, ebonized wood, ivory, horn. and gold wire produced in India <https://www.metmuseum.org/art/collection/search/202612>

Various authors claim earlier dates that I have been unable to verify.

- the Dominican friar [Gabriele da Barletta](#) published warnings against playing the game in 1480
- assertions that the game was invented in the 16th century for Francesco de Medici (a Florentine) who sent a copy to Phillip II of Spain sometime between 1574 and 1587
- further claims that in 1597, the game reached England

Baron Modar Neznanitch/Ron Knight published rules

<http://www.modaruniversity.org/Game15.htm> and a printable board created by Cerdic Stuart <http://www.modaruniversity.org/goose-game-board.pdf>. Kadon Enterprises makes a nice board with rules <http://www.gamepuzzles.com/goose.htm>. Dagonell's series includes goose [www-cs.canisius.edu/~salley/SCA/Games/goose.html](http://www.cs.canisius.edu/~salley/SCA/Games/goose.html) as does Mike Knauer's collection <http://www.knauer.org/mike/sca/classes/gameofgoose.html>.

² Shops in Colonial Williamsburg used to sell a 1700s poster-sized version "THE ROYALL & MOST PLEASANT GAME OF Y GOOSE" and some assert that play involved adult beverages and large wagers.

The Baronial Brewing Champion Presents...

Brew Tastings at Victory on the Vine, by Anauved de Mona, Ponte Alto Brewing Champion

His Excellency Hákon asked for a written summary of the homebrew tastings we did in the A&S tent at Victory on the Vine. I brewed three drinks, all fermented with wild yeast made from elderberries. There were a number of people who came by to taste the brews and gave great feedback.



There was a barley brew that used bog myrtle (*myrica gale*) instead of hops. There was a hard cider, made from apples grown and hand-pressed by a friend, with a flavor that was dry but mild – but the star of the show was the Hochdorf Braggot³.

The tomb of the Hochdorf Prince is one of the richest tumulus grave-finds from Hallstatt-era⁴ central Europe. The overwhelming majority of graves from that period were looted in antiquity, but this grave is one of the very few to have escaped that fate. Dating to the 6th century BCE, the tomb contained a wagon loaded with feasting dishes. The walls of the wooden chamber were lined with textiles bearing complex woven designs. The deceased was laid out on a bronze couch, and next to his head was a conical birch bark hat. (Which I am attempting to make this month.) His belt, shoes and neck-ring were all covered in gold. Most salient for our interests in this project, nine drinking horns hung on the wall beside him, and at his feet sat a 110-gallon bronze cauldron,

³ Braggot is a hybrid fermented beverage, bringing the best of mead and beer together. This braggot recipe is intended to pay homage to the English braggots of the 15th and 16th centuries, which often used spices in place of hops.

⁴ The Hallstatt culture is named after the site of that name in Austria. It flourished in central Europe from the 8th to 6th century BCE. The full period of its presence extends from c. 1200 to c. 450 BCE - from the Late Bronze Age to the Early Iron Age.

(https://www.worldhistory.org/timeline/Hallstatt_Culture/#:~:text=The%20Hallstatt%20culture%20is%20named,to%20the%20Early%20Iron%20Age)

probably of Etruscan origin, which is thought to have been filled with an alcoholic beverage. Analysis of residues in the cauldron were reinterpreted by Bettina Arnold, an Iron Age Archaeologist at the University of Wisconsin who also happens to be a homebrewer. She posted a recipe on her website, to which I have the link here:

<https://sites.uwm.edu/barnold/2012/08/04/beer-and-bling-in-iron-age-europe/>

In addition to regular malted barley, Arnold's recipe calls for smoked malted barley. Ancient malting was done over a fire, so all brews would have had at least some smoke flavor. When I made the recipe, I malted every bit of the barley myself, a days-long process involving soaking, sprouting, drying, and roasting the grain. I smoked a portion of the unmilled⁵ malt⁶ over



applewood chips on my grill, then milled the lot.

My interest in brewing is only part of a larger interest in cereal use in the Iron Age, so I often combine brewing efforts with breadmaking. Both use yeast to transform grains into something that feels radically different than the starting point, which I find compelling. To that end, I hosted an outdoor firepit day on July 20, where we brewed and made flatbreads using ancient grains over the fire. There was a bit of rain, but not enough to deter us from our purposes. We cooked breads made of emmer and spelt and compared those to previously prepared flatbreads made of einkorn, with various toppings.

Attendees enjoyed the taste-tests and spelt leavened with yoghurt

was the clear winner!

The brew is also flavored with meadowsweet (*Filipendula ulmaria*) and thyme, (*Thymus vulgaris*) which were both found at the Hochdorf site. This recipe is a braggot, with such a large amount of honey added to the wort⁷ prior to fermentation that it winds up tasting more like a mead. The honey would have made it considerably more costly, appropriate to a royal send-off and it also would have increased the alcohol content. It has the highest ABV of any brew I've made so far, at 13%, and is better sipped than quaffed in volume. It had been aged three and a half months prior to

⁵ **Unmilled** (grain, seeds, etc.) that has not been crushed into flour or powder: They collected the grains of unmilled rice that had fallen on the floor. The highest concentrations of magnesium are found in whole seeds such as legumes, nuts, and unmilled grains. Jul 10, 2024 (<https://tinyurl.com/llTempoBrew>)

⁶ **Malt** is prepared from cereal grain by allowing partial germination to modify the grain's natural food substances. Although any cereal grain may be converted to malt, barley is chiefly used; rye, wheat, rice, and corn are used much less frequently. Jul 4, 2024 (<https://tinyurl.com/llTempoJuly>)

⁷ **Wort** ([/'wɜ:rt/](#)) is the liquid extracted from the [mashing](#) process during the [brewing](#) of [beer](#) or [whisky](#). Wort contains the [sugars](#), the most important being [maltose](#) and [maltotriose](#),^[1] that will be [fermented](#) by the [brewing yeast](#) to produce [alcohol](#). Wort also contains crucial amino acids to provide nitrogen to the yeast as well as more complex proteins contributing to beer head retention and flavor.^[2]

drinking. The thyme is unusual and an interesting flavor note, and I think this braggot is the best thing I've brewed –so far!

The brewing went well, although in the future I will be seeking a copper pot. While the cast-iron cauldron was beautiful, it shed iron into the brew, turning it a gray color. Several days into the ferment, the iron does appear to be settling out and the color has returned to a pale yellow but cast iron may not be the right choice for brewing. I have since learned that a caramelizing process known as the Maillard Reaction is catalyzed by copper ions – so now I have an excuse to acquire a big copper pot! Cauldron finds from the Iron Age in Britain are all made of copper alloys and not cast iron anyway.

As your new baronial champion brewer, I plan to offer more tastings at events in the future—and I'm always happy to chat about the art and science of Iron Age brewing! Want to learn more about brewing prehistoric beverages?

Then this is for you: <https://www.goodbeerhunting.com/blog/2022/3/9/drinking-with-the-dead-the-complexities-of-bringing-ancient-beer-back-to-life-in-the-modern-world>



PREVIEW: Pennsic 51- Helpful Info & Hints

WATER at PENNSIC

Filters help, but they don't remove iron. Iron is what makes the water, and the things it flows over, orange. It won't hurt. But you'll become part of a growing, glowing crowd.

Greetings from your Deputy Mayor Technical Services!

There has been a lot of discussion of Pennsic Water, including some not-so-accurate information. In the interest of clarity and transparency I would like to share the following:

- All Pennsic water is private, on-site well water. This part of the country has underground water that is quite rich in minerals. The water is tested monthly by the state and treated as needed to provide a potable, waterborne pathogen-free supply of water.
- Mitigation: Filters, including carbon, help remove various solid secondary contaminants, but they do not remove iron. Iron is what makes the water, and the things it flows over, orange. It won't hurt. But you'll become part of a growing, glowing crowd.
- A water softener (ion exchange) does. There are small ones for sale in the RV world which you recharge yourself with salt. Some people rent Culligan bottles for two weeks.
- Infrastructure: Again, a lot of wrong answers on the FB pages. I will skip the history, but today the waterworks at Cooper's Lake (CLC) include a LARGE well/pump at the bottom of Runestone Hill north of the shower house. This water is distributed throughout the campground. As I left CLC today I saw the pipes and equipment for the new main that will eventually run up to the Serengeti, possibly by Pennsic 51. This project will improve pressure and flow to the northern areas.
- The Pennsic staff have also been working hard. We install eight public, filtered Water Points, or Cows. These can be found at Archery, Tortuga, Thrown Weapons, Youth Combat, Rapier, the NW corner of the Battlefield, Family Point and EMS. They can also be located on the map.

We hope this answers all your questions.

See you soon!

Baron Oscar Goerijs Goriszoon, OP

Deputy Mayor Technical Services Pennsic 51

This is by EMTs, and it is also free. I love our EMTs but this year my goal is to not step foot in their actual building. I will be taking advantage of their misting area.



HELPFUL **HINTS** FROM THE FACEBOOK PENNSIC GROUP

In response to the question: "What is the most important thing you pack for Pennsic?"

There is a series of videos for Newcomers to look at and learn more about Pennsic on YouTube!

Pennsic War: <https://tinyurl.com/723241>

Once you get to site and set up, take a photo of yourself in garb and make it your phone lock screen. If you can display your name on the screen, that works too. It makes it easier to get lost phones back to their owners. Include the block where you are camped and the camp name. You also could put a photo of your medallion as your lock screen.

Jessica Page: Double Ziploc EVERYTHING in the cooler.

Martin Grover: **Jessica Page** includes the ice

Sean Austin: Cold towel to cool down

Tim White: **Jessica Page** keep a pair of socks, under garments, and a pair of shoes in your car. Just in case you need some dry clothes.

Sarina Cea Tachina: Most of my clothing and other items that can't handle getting wet or damp are in Ziploc bags. I have 2.5-gallon Ziploc bags. It'll be the dampest day of Pennsic, and I can get into completely dry clothes

Heather Grant: Not wearing new shoes, and if they aren't comfortable, don't wear them. Comfortable shoes!!

Gabriela Dantas: **Heather Grant** the custom shoes I got from Catskill Mountain Moccasins were worth every penny. I got them almost specifically for Pennsic and broke them in at an event or two before. This point is UNDERSTATED.

Jess Lynn: Bring a small brush and dustpan to sweep out your tent and the things you track in

Sara Kirtland Spalding: **Greg Svehla** Gold Bond powder is your life partner lol

Dave Rapp: I know that Fresh Balls is great for the guys... for some reason it makes wearing a kilt even better.

Ginger Rose Grant Wallace: Wear shorts under your dresses. Pennsic chub rub is no joke.

Brenda Reiner: [Ginger Rose Grant Wallace](#) or steal your spouse's boxers. Feign ignorance when they run out.

Alita Vigfússon: This rechargeable Cordless blow dryer is amazing. Blows both cold and warm air, very strong and has been a wonderful thing to have these last 2 years not just to dry my hair but to help keep cool on really hot days!!



Lylux Cordless Hair Dryer, Low-Heat Ionic Blow Dryer with 110, 000 RPM Brushless Motor, Magnetic Nozzle, 88W Fast Charging Battery Operated, for Women/Kids Outdoor, Camping, Beaches <https://a.co/d/06TlQAR>

[Lylux Cordless Hair Dryer, Low-Heat Ionic Blow Dryer with 110, 000 RPM Brushless Motor, Magnetic Nozzle, 88W Fast Charging Battery Operated, for Women/Kids Outdoor, Camping, Beaches](#)
AMAZON.COM

Greg Svehla: Baby powder is your friend.
Bottom of Form

Rebekah Zurn: [Brenda Reiner](#) omg that's funny
Bottom of Form

Dianne Read Stucki: Ooh. I always buy a pack of new underwear for Pennsic.
I might just have to buy some boxers!

Eliza Austic: I camped at Cooper's Lake Campground for a week in June during a heat wave and found the most helpful advice was bringing multiple pairs of shoes, including Crocs, and more than enough socks. Also, Compeed for quick blister care.

Anya Winter: [Eliza Austic](#) change footwear at least 3 times a day. Maybe you wear boots or certain closed toe shoes for going up top/shop/battles then have indoor/outdoor slippers for in camp morning and evening, flip flops for shower or a cooling off time when you return from shopping or battles...sandals but be prepared for rocks getting into your footwear.
Bottom of Form

Britt Meitzler: Pack a big fuzzy blankie, put it on top of your bed, before dusk hits cover your whole bed including your pillow. If you do not, you will be going to sleep in a slightly damp bed.

Sara Kirtland Spalding: Everything in plastic boxes.

Sherry Lemon: When was the last time you pee'd? If it wasn't in the last 4 hours, get into the shade and drink some water and Gatorade until it doesn't taste good anymore. Learn the signs and symptoms of overheating in yourself and others and how to cool down. Look at how the Army does this.

Robert Gratton: Clean dry socks.

Sherry Lemon: Find time to be a tourist. Ride the bus, take photos of gates and walls. Send yourself a postcard from the War (if that is still available).

Robert P. Shyan-Norwalt: Bring a real bed with a real mattress.

Shae Rossi: All clothing goes into plastic bins, bring multiple pairs of comfortable shoes and blister pads, you won't see everything or do everything your first year and that's okay.

Dave Rapp: **Robert P. Shyan-Norwalt** I got one of those roll-up mattresses for guests... works great and you can ... roll it up if you need to.

Robert P. Shyan-Norwalt: **Dave Rapp** I did the futon mattress one year. Got too damp for me. But that was a very wet War.

Dave Rapp: **Robert P. Shyan-Norwalt** My most despised two word phrase "wet war"

Corinne Liddick: Everyone Pennsics differently

*From my first Pennsic, before I appreciated what that really meant, and I still wish I had said thank you for the advice

Cheryl Paganelli: Flannel sheets! And as someone mentioned above, make sure you cover your pillow during the day so that it isn't damp when you go to bed.

Jesse Scarfe: **Cheryl Paganelli** flannel sheets??? Cotton all day!! It actually dries! And if ya can accept polyester, it dries fast and keep you warm/dry

Cheryl Paganelli: **Jesse Scarfe** my sheets are cotton flannel, keeps down the clammy, cold, sleeping outside feel of regular cotton sheets. In my world anyway! 😊

Jesse Scarfe: **Cheryl Paganelli** a bit too absorbent down by the creek, but 100% cotton sheets, "polyfoam" blanket, and also fake "fleece" dries fast enough to manage it

Dave Rapp: **Cheryl Paganelli** BAMBOO sheets are even better. They can get full-on wet, and they don't feel so.

Melissa Ishtar Murphey: Buy a pillow and keep it with your camp gear or Pennsic garb. My first Pennsic in 2000, I forgot my pillow and had to sleep on an air mattress with wadded up garb as a pillow. Not very comfortable. 😞 I never forgot a pillow after that.

Emberon Ly: A mirror.

Bottom of Form

Deanne Andrews Jones: Emberon Ly full length lol

Jesse Scarfe: Emberon Ly nope!! Mirrors make you think that you look bad! Just be you and find yourself someone who actually likes the real you 😊

Dave Rapp: Jesse Scarfe I use them to identify the vampires. There are always a few, and they can be so draining.

Robert Brown: Keep hydrated and use sunscreen. Also, make sure your tent is pegged down with real tent pegs, not the bent wire things.

Brittany Simpson: Bring more socks than you think you'll need, a hoodie and a hat for those colder nights if your blankets aren't enough.

Also try one thing out of your comfort zone at war. You never know what you'll find that way ❤️

Amber Jones: Good shoes are worth their weight in gold. Doesn't matter if they are in period or not. Take care of your feet, especially during war.

Heather Lynn Rigaud: Pennsic is intense; Give yourself a break when you need it. Go offsite and have a meal. Go to the State Park and go swimming. Hide in your tent for a couple hours and read a book. Most of us are not used to this level of being around people 24/7. It's okay to tap out for a bit and recover your cope.

Jasmine Rochelle Goodspeed: Heather Lynn Rigaud swimming?????

Dave Rapp: Jasmine Rochelle Goodspeed There's a quarry nearby that is awesome - I just don't remember what it's called. **Cat Sass** Do you remember the name of the quarry we went to a million years ago?

Cat Sass: Dave Rapp The one from waaaay back when with the cliffdiving?

<https://nlqp.com>

NLQP.COM

[Nelson Ledges Quarry Park - Nelson Ledges Quarry Park](#)

Dave Rapp: Cat Sass That's the one. I had so much fun there. Thank you again so much for watching the little ones so I could endanger my own life! You rock!

Top of Form

Tim White: Use the melt from the coolers to put your feet in or soak a hand towel for a cold-water head wrap.

Amanda Carter: Bring a book. Rain gear because there will be rain. Comfortable shoes!!!! My shoe came off when I fell into the shower ditch last year. HAVE A FLASHLIGHT to prevent mistakes like I made.

Sharon Boxall: Bring extra shoes...

Dianne Read Stucki: Dampen a linen veil and put it under a broadbrimmed hat to keep your head cool.

Keep shelf stable snacks in your tent or basket. If you find yourself getting snappish, ask yourself, "Am I tired, hungry, or thirsty?"

Steven Licata: gel insoles are your friend

Gretchen St Eckel: Be aware of your open beverage around others, make sure it cannot be altered without your knowing.

Bethany Stamm: Male or female...ditch the underwear. Wear boxers or loose-fitting shorts under your garb. Chub rub will ruin your Pennsic....this will keep it at bay.

Also, bring Epsom salts and a dishpan for a foot bath...dissolve salts in a half cup of hot water, add to foot bath, then use the water from your cooler to add to foot bath to desired depth...Soak your tired feet and cool off all at the same time. Add mint to your foot bath for a nice cooling sensation. 😊

Martin Grover: **Bethany Stamm** mint Bronners*. Refreshing soak, then scrub!
(ed. Note: Dr. Bronner's Pure Castille Soap – Mint)

Dave Rapp: **Bethany Stamm** THANK YOU! I'll be bringing my new Panther tent this year. I'm so intimidated by it. So freaking heavy, and so damn many parts... and knowing me I would have ratcheted it down like an engineer.

Jennifer O'Rourke: Floor cover in tent. I use puzzle foam mats then carpet

Sláine Baen Ronán: If someone you don't know gives you a SEALED bottle of water or other non-alcoholic beverage DRINK IT!!! Dehydration can come up on you quickly, and without your knowledge, and can be more easily observed by onlookers than by you. (Open beverages are to be treated as normal)

Jenne Heise: Keep a spare set of clothes in a waterproof container in your car

Jim Wachhaus: Use modal sheets. They are more expensive but are cooler and wick moisture better than cotton.

Paul Lawicki: Plastic shelving that fits totes

Angel Brujah: For all my ADHD friends, make lists, but also bring more money than you think you need, there's a Walmart nearby and you're going to forget something. It's ok to have 2 of something for next year.

Martin Wilsey: Get a good hat!

Jillian Marie Howard: Shower shoes 🧦!!!

Jessica Schrager: Do **not** take a drink from an open container unless it is offered by a close, personal, friend.

Also... hydrate twice as much as you think you need.

Pat Reed: Bring a compact umbrella for shade/rain/Dew protection. Also useful in covering electrical boxes in the rain.

James Paluskievicz: Know where your camp, and tent, are set up, before you go to a party the first night on site.

Brianna Flynn: Don't crank your new canvas tent down too tautly - you want a bit of slack. When it rains, the canvas will shrink! It is strong enough to tear or snap poles, so give things a little wiggle room during setup.

Bring a little pharmacy as well. Even if you usually don't need to take anything. Some Tums, Pepto, Band-Aids, ointment, headache meds and bite treatment can make things much more comfortable.

Beth Ely: Don't try to do everything in one year. You will gas yourself out and be miserable.

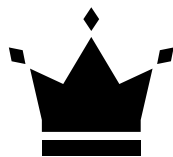
Make sure you have a cloak/ cape/ jacket. Nights can get a little chilly.

STAY HYDRATED! It's easy to get wrapped up in the chaos of War and forget to drink Gatorade or water - NOT ALCOHOL.

Comfortable shoes are a MUST. Blisters during War really suck and take longer to heal.

Marilyn Brown: Wool blanket, keeps the dew away at night

Kerry Skadl: Pack your gear in plastic bins so it stays dry during those weird Pennsylvania storms when it rains sideways.



HEAT MANAGEMENT AT PENNSIC

Reprinted with the permission of Honorable Noble [Hextilda Corbett](#) of Drachenwald

You may know me from such classics as the annual foot care post, the daily Pennsic weather posts, and haranguing folks about their language in the comments.

Buckle in, folks. Please take your time to read through the entire thing before commenting. If I've missed anything or you have additional suggestions, do let me know! I will do my best to edit as we go along.

~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*

Managing heat: **PART ONE –HYDRATION**

You're going to want to stay hydrated. You should be urinating every couple of hours. If you can, go use the flushies at least once per day so that you can check the color of your pee. **WATER IS ONLY PART OF THE HYDRATION EQUATION.** You need SALT AND SUGAR, too; they work together for your body to take in electrolytes (sugar helps the uptake, salt has the electrolytes). These are CRITICAL for rehydration.

You'll want to carry a sealable, refillable water bottle with you. I use an insulated one and fill it up with ice and a bit of water at the beginning of the day and use that to help me keep cool. I keep adding water throughout the day and this is a fantastic way of keeping cool and hydrated. But even just a sturdy, plastic water bottle (like a Smart Water bottle with a flip top) will serve you well.

Perfect is the enemy of good enough.

Here are some great ways to get electrolytes:

- Spor: grazing is better than a large meal. Grazing (regular, small snacks throughout the day) can help keep your blood sugar more level. I carry snacks with me, especially ones with salt and sugar. And if you can't stand the taste of flavored water, try to make sure you take in salt and sugar at about the same time. This can be as simple as having some pretzels and a handful of raisins! Trail mix/GORP is popular with hikers and backpackers for a reason.
- Sekanjabin (medieval Persian Gatorade) — vinegar and honey are the basic version, but you can make it with mint, quince, or any other flavor you like. I like pomegranate-ginger-rose water. <https://hextilda.com/2018/02/04/bringing-sekanjabin-to-the-norse/>
- Concentrated electrolyte squirt bottles — some companies make flavored electrolyte concentrate you can squeeze into water. Easy to stash in a bag or pocket.
- If you've got the "bottomless" free refills mug from Medieval Munchies, or the Boar & Baron, I heartily recommend getting a cup of lemonade and sprinkling a pinch of salt in there occasionally. Or just make sure you're taking in salt regularly.

From <https://pubmed.ncbi.nlm.nih.gov/2456720/>: The WHO recommends that these homemade sugar-salt rehydration solutions should contain 8 level teaspoons of sugar and 1 level teaspoon of salt added to 1 liter of water. Ratios are important!!

ALWAYS MAKE SURE YOU HAVE A DRINKING VESSEL WITH YOU. It's a lot easier to get a free drink of water or sekanjabin from somewhere if you have your own cup!

CAUTION: DON'T JUST DRINK UNDILUTED SPORTS DRINKS. You can easily screw up your kidneys by doing this. Dilute! I *strongly* recommend watering down your hydration drinks. And, of course, the *general* rule of thumb for hydration drinks is... if they taste good, you need to keep drinking them. Once they start tasting weird or unpleasant, you're hydrated.

PART TWO –CLOTHING:

Linen is your friend. Linen is a gift from the gods. It is naturally wicking and can function as natural air conditioning. If you pour water over your linen clothes, they will naturally cool you off. I like walking through the misting station by the EMS tent, but just pouring a cupful over your back will do the job, too. A little breeze will help accelerate the evaporation, so pouring water down your back and walking around can get you cooled down quickly.

There are multiple vendors at Pennsic who sell linen garb if you don't have any of your own yet. There are also a few vendors who sell linen by the yard. My second year, I bought two yards and quickly hand-sewed a bog dress/peplos that I still wear regularly. Two rectangles sewn up the side and pinned at the shoulders. It only took me a couple of hours to hand-sew – and I was NOT good at it! But it WORKED and kept me VERY cool.

History, examples, and notes on

accessories: <http://www.elizabethancostume.net/classroom/private/Ben/Class1/lesson3b.htm>

Iron Age bog dress: <http://awanderingelf.weebly.com/blog-my-journey/sca-standards-the-bog-dress>

Another example: <https://vedardottir.wordpress.com/2016/07/03/the-bog-dress-an-early-sewing-project/>

Cotton:

While you want to stick to natural fibers, I would put cotton at the bottom of the list. I have an entire rant about this fiber but, basically, when it gets wet it stays wet. Clammy, damp, ugh. HOWEVER, it's still better than being in synthetics by a LONG shot. And when cost is a consideration, it's definitely a workable choice. Work with what you've got!!

Cotolin (aka Fustian, aka Cotton Linen):

If you are doing some last-minute sewing and budget is a concern but don't want to go pure cotton, look for "cotolin" which is typically a 50-50 cotton/linen blend. This will get you some of the benefits of linen without having to shell out quite as much. There are some vendors online that offer cotolin at a reasonable price.

Where to buy:

Places like Joann Fabrics will often have deals for 20%-50% off a single cut of fabric. They carry some 100% linen fabrics – DO CHECK THE FIBER CONTENT because some of them are mixed with synthetics and that way lies burns and misery. It may still end up being \$7-\$9/yd, but that's the most budget-friendly option I can offer you on the linen front. Otherwise, go visit one of the fabric vendors once you get to site and stock up for next year.

Clothing color:

LIGHTER IS COOLER. Obviously, white will be the coolest, but any pale/light color will serve you well. A bright color works well, too.

COVERING UP:

Even though going sleeveless FEELS cooler, it is better to be covered up! You can reduce your sun exposure heavily just by, y'know, wearing clothes. Loose is ideal, as it helps airflow, which will also help to keep you cool. Look at folks who live in extremely hot climates, like the Bedouin – you see a lot of loose linen, typically white or light colors, and the clothes covering most of the body. (Special shoutout to the BRIGHT blue of the Tuareg tribe, my go-to color!) And, of course, layering gives you lots of flexibility!

PART THREE: SHADE:

Speaking of covering up... let's talk about shade! Obviously, staying in the shade of structures is a great option to avoid the great sky demon. But you will probably have to step out into its rays at some point. How do you create portable shade?

Parasols:

Well, parasols are certainly an excellent choice. A cloth one is preferable if you can manage it, but... health first, period second. So, you can absolutely bring an umbrella to use as sun protection. If at all possible, try to make it an inconspicuous color (black, white, grey, etc.) but do NOT feel obligated to go out of your way to make it 100% period. Work with what your budget, skill level, and time permits.

Veils:

I am personally a fan of tossing a light-colored, loose-weave linen veil over my head as a face veil. Mist it a bit for bonus swamp cooler effect – and, of course, it adds to a person's mystique. But if covering your face isn't your jam, head veils that cover your neck are a solid choice, especially if topped with a hat.

Hats:

Classic portable shade. There are a bunch of vendors on-site who carry a variety of hats. I personally prefer a straw hat because it breathes well, is light (in both weight and color), and is appropriate to a wide variety of periods. Wool is good against the rain and nice when it's cooler out.

I'm also a fan of Skjoldehamn hoods, which are Norse-appropriate (Viking) and normally made of wool. However, I've made up a couple in linen specifically for hot weather and worn loosely. You can absolutely sew this quickly on a sewing machine (it's a rectangle and two squares!) but you can also hand-sew it quite easily, too.

<https://medievalexcellence.com/2021/05/12/skjoldehamn-hood/>

https://www.youtube.com/watch?v=QPv1qj4W_jg Opus Elenae's excellent video which includes making a linen Skjoldehamn hood.

PART FOUR:

I'M A HUGE FAN!

Hand fans (whether folding or electric) are great choices.

I'm also a HUGE fan (pun intended) of my neck fan. I got one in a more-subtle color and used a paint pen to draw designs on the side of it to make it look a little like a Norse torc. It blows air on my neck and lower face all day and makes a world of difference.

PHYSICAL COOLING:

Cool Packs:

You can buy "snap" cool packs from outdoors stores. My spouse uses them when hiking and tucks them in her hat or in a bandana on her neck to help cool her. You can also just soak a strip of fabric in water and drape it over your neck/head/shoulders and that'll do the job, too. But I mention this just in case it might help someone.

Gel Neck Coolers:

In addition to simply soaking a bandana/scarf/veil/strip of fabric, you can get "slow release" neck coolers. These are typically tubes of fabric with a handful of hydration gel balls, the same kind you might use for gardening. You can toss one of these in your cooler to soak up the cold water and place it on the back of your neck. It will drip and slowly dehydrate as you wear it. The initial hydration takes about 24 hours but after that, it won't take more than an hour to bulk back up. I personally keep two so I can switch out. I made mine myself out of linen and some extra gel balls I had, but you can easily find these online or in stores. If you can, go for a pattern/fabric that isn't obviously modern.

NB: DO NOT APPLY COLD *ANYTHING* TO AREAS WHERE MAJOR VEINS RUN; IT CAN SHOCK THE HEART. This means avoiding the front of the neck, directly over the heart, and the inside of the upper arms in particular.

MOVEMENT:

Be mindful of how much you're walking, fighting, etc. Movement generates heat and you will need to keep an eye on your body temperature. See notes about heat stroke and heat exhaustion below.

MEDICAL NOTES:

First, I am NOT a medical professional, this is not medical advice, etc. But it's good to know: **if you are on an SSRI, SNRI, TCA, or an ACD, you WILL be more susceptible to heat.**

This is a GREAT article that not only explains why/how it happens but gives loads of great advice for how to manage it. <https://www.psychologytoday.com/.../heat-intolerance-and...>

If you've had Covid (and I expect nearly everyone has danced at least once with this devil), you may also find yourself more susceptible to heat. Go slowly and be mindful.

<https://naomedical.com/blog/post-covid-heat-intolerance-causes-symptoms-treatment-nao-medical/>

RECOGNIZE THE SIGNS OF HEAT STROKE AND HEAT EXHAUSTION

The EMS tent doesn't want to NEED to see you, but they are there to serve you! If you or someone you know is overheating, GET THEM TO EMS. They can help cool them down SAFELY and rehydrate them. They go through a lot of saline every year.

COOL (not cold!) SHOWERS can help! I have definitely gone into my encampment's shower fully clothed in linen several times just to turn on some slightly cooler-than-body-temp water and spray parts of my clothes (arms, back) to help me cool down. It was amazing, I highly recommend it. Or you can, y'know, take a normal shower but just keep the temperature cool.

KEEPING COOL IN-CAMP:

- Have a hydration station in your encampment! Whether you use Igloo coolers or go with a more period, ceramic option, cool is a group concern.
- Drain cooler water into a basin or children's swimming pool. Stick your feet in it. Daytime alternative to the campfire circle! I first experienced this in Ansteorra and definitely love it for a cool socialization space.
- To make the ice in your cooler last longer, drain off the water regularly. (I like freezing a couple of jugs beforehand to prevent water mess and letting me drink the melted ice instead of tossing it out.)

How ceramic keeps water cool: <https://www.notechmagazine.com/2012/04/botijos.html> (N.B. it works better the lower the relative humidity, because SCIENCE! It's the same principle by which a yakhchāl/"Persian icehouse" works. <https://en.wikipedia.org/wiki/Yakhch%C4%81l>)

When to drain your cooler water: <https://www.bisoncoolers.com/.../when-and-when-not-to...>

WAYS WE CAN HELP EACH OTHER:

Have your encampment put a hydration station by the road. Make it part of your camp chores to keep it topped up.

Always have a cup/vessel to drink from.

"Pre-game" hydration. Hydrate before you leave camp in the morning. Hydrate before going out to parties. Hydrate between rounds of alcohol! You can avoid hangovers by... HYDRATING!

Keep an eye on those around you. Heat exhaustion makes your brain not work well and someone may not realize how badly off they are. We rely on our community to keep us safe. You can help keep overheating from becoming heat exhaustion or heat stroke in someone else!

Don't pass up opportunities to "top up" your water intake.

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2023's post with

comments: <https://www.facebook.com/.../penn.../posts/6525370654168234/>

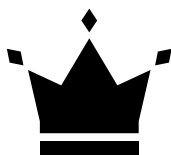
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All right, you've made it to the end. THANK YOU FOR READING THIS.

[Hextilda Corbett](#)

Author

I will not be attending this year, alas, as I live in France, and we've got the Olympics going on at the same time as Pennsic.



POPULACE GATHERING MINUTES

Date: July 23, 2024

Began: 7:35 PM

Location: Virtual Meeting

Adjourned: 8:15PM

Attendees: 13 people: Noble Cuno, Lord Mowgli, Baroness Hrefna, Noble Salimbene, Lady Anauved, Lady Emilia, Lady Magdalena, Lord Rónán, Tegan of Anglesey, Křišťan de Prague, River Bellamy, Syr Frederick, Katya,

OFFICER'S REPORTS

Seneschal – Lord Rónán mac Ímair (Ron Hanagan)

- Moving the Populace Gathering/Officers meetings to the third Tuesday of the month, starting in August.
- Will be attending Pennsic; in case of Emergency, can be reached by phone.

Exchequer – Lord Mowgli of Anglesey (Aaron Parness)

- Current Balance in Checking Account: \$8,122.48
- Outstanding liabilities are for non-member fees from the event.
- Ledger balance (after all deposits made and checks clear) \$7,998.90

Herald – Lady Johanna le Paumer (Sarah Stango) by Křišťan

- Both Finn an Lachlannaigh and Křišťan Věstonicky z Moravě have been warranted. Although they will both be studying all aspects of Heraldry, Křišťan will focus on Court and Finn will focus on Book Heraldry.
- Iacobo has offered to mentor them on Court heraldry.

Knight Marshal – Syr Frederick Thurston (Fred Clune)

- Finn an Lachlannaigh is interested in getting warranted as a Marshal-at-Large.
- There will be no Heavy Marshal available for Practice during Pennsic, so both Thursday and Sunday heavy practice is cancelled for those days.
- The new Rapier Marshal (announced last month) has received the Barony Loaner Gear and is ready to outfit new swords people who are ready to learn.
- There will be Rapier Marshals available, and they will decide whether to hold light practice.
- Archery will have marshals and will continue through Pennsic
- Attendance at all fighter practices has been increasing. There are regularly up to 21-23 people at Archery, and there are three warranted Archery Marshals in Ponte Alto.
- Heavy Practice and Rapier Practice have been combined for the summer. The Barony has held a couple of Potluck Picnics with Sunday afternoon and Thursday evening practices,

and they have been well attended by both fighters and non-fighters. Teaching has been happening for/by both heavy and light fighters. Sundays have had 4-15 people at practice. Thursday's have up to 30 people with a new core of 5+ novice people working on armoring up and doing heavy training or light sparring.

- Fred's Warrant has been approved by the Earl Marshal.
- All old waivers have been scanned and sent via mail to the Waiver Secretary.
- Fred still needs the Rapier report from Victory on the Vine to provide Rónán the MIC report for the event.

Arts & Sciences – Noble Cuno von Altebrücke (Joseph Glancy)

In July there were two A&S events:

- On **Tuesday, July 16** a Virtual class on Heraldry was held, taught by Iosephus from Caer Mear, one of the premier Heralds in Atlantia. He included both court heraldry and book heraldry in this Introductory Class. There was a good turnout with interests split about half and half for Court and Book heraldry skills.
- On **Saturday, July 20** the Baronial Brewing Champion presented a live, outdoor experiment on brewing over fire. [\(Please see page 8\)](#) She also made bread, despite the rain. The turnout was good. Anauved reported that Salimbene was dynamic and amazing! She made flatbread on the fire and helped with lots of things.
- Lady Lisbet and Noble Salimbene and did a demo for a local 5th grade class on their Medieval Day. [\(please see page 6\)](#)
- [Noble Cuno](#) is going to Pennsic. Please let him know if you do any classes or displays at Pennsic or anywhere for his report to Kingdom (and War Points!) Classes are being planned for August and September.

Chatelaine – Lady Emilia Nicastle

- In July, a Virtual Newcomers meeting was held. No newcomers came. We hosted a potluck Picnic at Sunday Fighter Practice a few weekends ago and turned out very well, with lots of people attending.
- Over the next few months with the lovely weather, we will cancel the virtual Newcomers meetings in favor of Picnics. So, the next Newcomers Meeting will be a live Picnic at Thursday and Sunday Practices at the Park [\(Please see page 35\)](#) on August 15th in the evening and the 25th starting at Noon.

Chronicler – Lord Rónán mac Ímair (Ron Hanagan)

- I plan to turn over this office to my Deputy after Pennsic.
- If you have articles and pictures, please send them in! It would be great if we could get **several** event reports about what you did at Pennsic.

Web Minister – Lord Rónán mac Ímair (Ron Hanagan)

- Please send any edits for the website to Lord Rónán and Lord Robin.
- Lord Robin is getting warranted and building a Playbook as he makes progress in the web

redesign.

Social Media Officer – Noble Salimbene of Ponte Alto (Beth Warren)



her

- Þòrunn has volunteered to be Social Media deputy. Salimbene and Baron Hákon have approved. Rónán will add her to the website, Katya will add to Regnum in Il Tempo.
- In June we added an Instagram account! https://www.instagram.com/barony_of_ponte_alto
- **Salimbene asks that if anyone in the Barony hosts an event that they send an event announcement to the SMO so that the event can be distributed more widely, and more people attend. Please send the Who, What, Where and When to SMO@PonteAlto.Atlantia.SCA.org. They will ensure that the information is published and spotlighted. The goal is to have something happening every month and blasted all over social media.**

Her Excellency, Baroness Hrefna blinda (DaRong Hultman) for Herself & the Baron

- At Pennsic, Their Excellencies will hold a joint Court with the Baron and Baroness of Windmaster's Hill at 7:00 pm on Thursday of War Week.
- Their Excellencies will be away from Pennsic from Peace Week Thursday to War Week Monday but will be available by phone for emergencies.
- We are looking for those members of the Barony who are interested in learning more about the role of the Barons and Baronesses in Atlantia. There is no requirement to 'run' to be B or B after Their current Excellencies step down in 2.5 years, but if you have an interest, or have thought about pursuing it further in years to come, we would like to hear from you. Given that Her Excellency and I are still very much learning ourselves we would invite others to share in the journey.

EVENTS

● **Victory on the Vine (next year)**

Looking for a volunteer to be the Event Steward for AS LX.

We need to get the next iteration **spiked** already even if we don't have an event steward yet. If you are interested in running the next Victory on the Vine, talk to the Baron or the Seneschal.

● **Pennsic War**

By the time you are reading this, Pennsic will be in Full Swing! Let's have reports afterwards from those who got to go.

● **Pennsic Pity Party**

And the answer to last month's question is "Lord Robin and his lovely lady Cassie are hosting the Pennsic Pity Party." There is a poll on Facebook for when and where to hold it. If you do not have access to Facebook, you can email Lord Robin at Webminister@pontealto.atlantia.sca.org

- **Wild Hunt**

Nobles Cuno and Salimbene are making plans for the event. It has not been spiked yet, but can still be held, even if the Barony puts in a bid for Crown Tournament. ([Please see next item](#)) Mowgli offered to help spike the event and with budget paperwork.

Sof'ia reminded all that there is a guide on how to run Blood Bath, which is a comparable event to Wild Hunt, so the guide may be useful.

It is their intent to hold the Wild Hunt at the winery.

Although the original idea was to hold the Wild Hunt at Mountain Run Winery, it could also be done at Nottaway Park (the location of the last Baronial Birthday/Investiture.)

They will be consulting calendars and determining best dates for this revived event.

To make this event happen, the budget needs to be done by August along with more firmed up plans.

- **Fall Crown – Possible Combined Ponte Alto and Storvik event at Mountain Run Winery Nov 2**

Tegan is talking to Storvik about a joint bid for November 2 Crown.

His Royal Highness Randall has expressed a strong interest in having the barony/baronies host the Fall Crown Tournament at the Winery.

The Winery site is currently available on November 2nd.

If you would like to volunteer to help run this important event, please contact Hákon, Rónán, or Tegan.

- **Holiday Faire – Katya Wanderer- Stierbach - November**

The barony intends to raise money by having a large sale at the Faire this year.

Required to do this, is a series of days organizing and inventorying the Baronial Storage Unit. Since it has been quite a while, and apparently there was a flood, we need to see what is still usable, saleable, cleanable in Storage. We will do an inventory for the Exchequer so we can keep track of everything.

Work Days will be determined after the Pennsic.

An inventory of the items in Gold Key (loaner garb) will be produced soon.

- **Baronial Birthday – Ponte Alto – March 2025**

We need an Event Steward for the Baronial Birthday in March. The usual weekend (3/31) has already been claimed by Stierbach, so we need to get something spiked soon, even if the rest of the plans can be deferred. Nottaway Park (location of the last Baronial Birthday/Investiture) was recommended. The date for this event should get spiked right after Pennsic before all the dates are gone.

OLD & NEW BUSINESS

Baron Hákon hoping to hear your ideas on how to increase recruitment.

Noble Cuno would like to create mascots for the Barony. He is looking for original artwork, two- or three-dimensional. If you have any ideas, please send him your Mascot Proposal drawings/sculptures. Then a Making Day will be scheduled for the final work-Mascots to be made.

Atlantian Event Calendar – July/August

Date	Event	
07-26 - 08-11	Pennsic War	(Aethelmearc) (Q K Pr P)
08-17 - 08-17	Baronial Picnic & Scribal Workshop	Prosperity, SC (Nottingham Coill)
08-30 - 09-02	Emerald Hastilude III	Lanexa, VA (Tir-y-Don)
08-30 - 09-01	Trial By Fire & Lochmere Arrow (Take 2)	Glen Arm, MD (Bright Hills)
09-06 - 09-08	Battle on the Bay	Upper Marlboro MD (Lochmere)
09-06 - 09-08	Sacred Stone's Baronial Birthday 2024: The Phoenix & The Dragon	Boonville NC (Sacred Stone) (Q K Pr P)

*Note that these dates and links are subject to change. For a full and updated list, please visit the Atlantia Kingdom Calendar at <https://atlantia.sca.org/calendar/>.

Ponte Alto Recognized

We list all the awards and other recognition received by the populace or granted by Their Excellencies Ponte Alto. If I have missed yours, or someone you know, please tell me so I can rectify the omission. If you would like to double check your awards or just look at the OP, you can find it here: <https://op.atlantia.sca.org/search.php>

At the Tir-y-Don Baronial Investiture/Kingdom Arts & Sciences event, Ragnarr and Mary Isabel granted the **Award of the Silver Nautilus** to our very own **Anauved de Mona**!

The following award was granted by Their Excellencies of Ponte Alto, Naran and Marie Therese at the Ponte Alto Baronial Birthday Celebration and somehow got by us. Apologies for the late announcement:

Anauved de Mona	Onore de Ponte d'Oro	03/30/24	Naran and Marie Therese
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The following award was granted by Their Excellencies of Ponte Alto, Hákon and Hrefna at the Ponte Alto Baronial Birthday Celebration and Investiture. Apologies for the late announcement:

Tegan of Angelsey	Onore de Ponte d'Oro	03/30/24	Hákon and Hrefna
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The following awards were granted to Barony members by Their Excellencies of Ponte Alto, at Victory on the Vine

Robin of Ponte Alto	Onore de Ponte d'Oro	06/15/24	Hákon and Hrefna
Katya Wanderer	Onore de Ponte d'Oro	06/15/24	Hákon and Hrefna

Again, if I missed anyone, please let me know so I can add you next month.

REGNUM

Baron and Baroness

Sir Hákon brimill (David Hultman)
Lady Hrefna blinda (DaRong Hultman)
baron@pontealto.atlantia.sca.org
baroness@pontealto.atlantia.sca.org

Head Retainer for Their Excellencies

Shirin Shamsi (Sherece Creager)

Seneschal (President)

Lord Rónán mac Ímair (Ron Hanagan)
seneschal@pontealto.atlantia.sca.org

Deputy Seneschal

VACANT

Chancellor of the Exchequer

Lord Mowgli of Anglesey
exchequer@pontealto.atlantia.sca.org

Deputy Chancellor of the Exchequer

Astrid (Katie Bischoff)

Chamberlain

VACANT

Knight Marshal

Frederick Thurstone (Frederick Clune)
knightmarshal@pontealto.atlantia.sca.org

Deputy Knight Marshal

Vacant

Armored Marshal

Lord Heinrich von Holstein (Henry Holstein)

Deputy Armored Marshal

VACANT

Youth Marshal

VACANT

Rapier Marshal

Miriam Giantslayer (Amanda Petritsch)

Deputy Rapier Marshal

VACANT

Archery Marshal

Lord Rónán mac Ímair (Ron Hanagan)
chronicler@pontealto.atlantia.sca.org

Deputy Archery Marshals

Lord Torin Mildenhalle (Torin Daum)
Bagsh Naran Numuchi (Nicholas Freer)

Minister of Arts & Sciences

Cuno Von Altebrücke (Joseph Glancy)
moas@pontealto.atlantia.sca.org

Deputy Minister of A & S

VACANT

Chatelain (Newcomers)

Emilia di Nicastro (Maura Nicastle)
chatelain@pontealto.atlantia.sca.org

Deputy Chatelain

Lord Tristan le Roquelaure (Michael Jeffrey Looney)

Gold Key (Loaner Costumes)

VACANT

Deputy Demo Director

VACANT

Herald

Lady Johanna le Paumer (Sarah Stango)
herald@pontealto.atlantia.sca.org

Deputy Heralds

Křišťan Věstonický z Moravě (Ken Ferris)
Finn an Lachlannaigh (Steve Carey)

Minister of the Lists

VACANT

mol@pontealto.atlantia.sca.org

Deputy Minister of the Lists

VACANT

Chronicler (Newsletter)

Lord Rónán mac Ímair (Ron Hanagan)
chronicler@pontealto.atlantia.sca.org

Deputy Chronicler

Lady Juliana le Webbe (Jillian Browning)
Katya Wanderer (Robin Clune)

Webminister

Lord Rónán mac Ímair (Ron Hanagan)
webminister@pontealto.atlantia.sca.org

Deputy Web Minister

Robin of Ponte Alto (Brian MacMonigle)

Social Media Officer

Salimbene of Ponte Alto (Beth Warren)
smo@pontealto.atlantia.sca.org

Deputy Social Media Officer

Pòrunn of Ponte Alto (Nadia Garcia)

HELP WANTED!!!

So many people have stepped up, and you will find their names on the previous pages. Give them a warm Thank You for helping us all to grow stronger as a Barony.

But don't worry – there are still a few more openings left:

All Baronial Offices benefit by having at least one deputy. As you all know, life can just happen one day, and suddenly you need help.

With deputies, the workload can be shared, allowing more work to be accomplished with less time and stress for any one individual. Besides, it is a terrific way to work with others to do something to help make your, and others' SCA experience that much better! Plus, you get to meet lots of people, making that easier if you're shy, and you get to learn cool things.

Current Vacant Positions

Deputy Seneschal – Vice President. Yes, that's right. The Seneschal is the President of each group in the SCA. We have an opening for Vice President <insert vice jokes here> So Rónán is in charge, and if anything happens to him, you could be in charge! (or not. We can work that part out.) Would you like to learn how to make sure it all happens? He needs a deputy. Someone to train in case of that rogue beer truck. (If you don't know about the Rogue Beer Truck, ask me sometime.)

Deputy Knight Marshal – Come learn about the ins and outs of Marshaling. You get a special place *on* the list field during tournaments so you can see heavy fighters close-up.

Deputy Rapier Marshal – If you feel you're not quite ready to be the Baronial Rapier Marshal, we've got something else, just for you: A Deputy Rapier marshal position! S/he will help run the weekly practices, learn field marshaling, get to know the marshalate and the fighting communities.

Deputy Heavy Marshal – (See Deputy Rapier Marshal above: plus rattan and armor.)

Minister of the Lists – How would you like to get to know ALL the fighters in the Kingdom? The Minister of the Lists registers all fighters (heavy, rapier, and thrown weapons) for tournaments on the day of an event. There's very little to do between events so this is a 'light' job, but it's front and center, and a lot of fun!

Deputy Minister of the Lists – How would you and your BFF like to learn the job together? You can watch all the fighting, you can giggle, and point out cuties, and you'll be doing something useful at the same time.

We are looking for people who are good with kids. You might even still be a kid yourself. At least a kid at heart. The Barony is seeking both a **Chancellor of Youth Activities** and a **Youth Marshal**.

Deputy Minister of Arts & Sciences – Help build our A&S presence! Teach, coordinate, share with the Barony your expertise with all things A&S!

Chatelaine's Deputies for Gold Key & Demos – Bringing in new participants is the lifeblood of any Barony! Help foster a welcome environment with Newcomer Meetings and with event presence! The Gold Key Chest is how we get to meet all the new folks who are interested in the SCA.

We've got something for EVERYONE! We're having Fun! Come! Join us!

Contact the Seneschal or Their Excellencies for more info!

seneschal@pontealto.atlantia.sca.org

baron@pontealto.atlantia.sca.org

baroness@pontealto.atlantia.sca.org



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The first link leads you to the Society Chronicler's links for forms. The last three links are for the forms that can be submitted online via Internet Form Fills. Everyone is encouraged to consider contributing to *Il Tempo*.

Society Chronicler forms.

<http://chronicler.atlantia.sca.org/Releases.html>

Release form for writing or artwork:

<https://www.sca.org/resources/document-library/#release-forms>

Release form for photographs:

<http://chronicler.atlantia.sca.org/ReleasePhotographerFillable.pdf>

Release form for model(s) (the subject of your artwork or photograph):

<https://www.sca.org/wp-content/uploads/2023/02/Model-Release-Fillable.pdf>

Ponte Alto Regular Events*

Event	Usual Date	Location	Access
Practice in the Park	SUNDAYS (12:00 noon until dark) & THURSDAYS (6:00 p.m. until dark) Weather Permitting. See Barony Marshalate for information (Regnum)	Tysons-Pimmit Park, behind Tysons- Pimmit Library 7584 Leesburg Pike, Falls Church	Semi-Weekly Live
Outdoor Archery & Thrown Weapons Practice Stierbach/Ponte Alto	MONDAYS (5:00 p.m. until dusk) If you need loaner gear or would like more information please contact the Archery Marshal, Lord Rónán mac Ímair.	Practice is at Grimmsfield: 16132 Crusade Ct. Haymarket, VA 20169	Weekly Live
Newcomers Events/Meetings	SUNDAYS at Fighter Practice (Noon start) There will be Newcomers events at Fighter Practice on Sundays. Please check the online Barony Calendar for which specific days.	Please see the Baronial Calendar for specific dates. https://pontealto.atlantia.sca.org/calendar.php	Monthly Live
Populace/Business Meetings All are welcome	The Baronial Meetings are held on third Tuesday of the month. These meetings are a combined Populace Meeting and Business Meeting. All populace members are welcome to join us. If you would like to add something to the Agenda for Discussion, please contact the Seneschal.	Please see the Baronial Calendar for the Google Meet code. https://pontealto.atlantia.sca.org/calendar.php We will try to have 1 meeting each quarter in person, live.	Monthly-Virtual