



THE BARONY OF PONTE ALTO NEWSLETTER

IL TEMPO

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Courtesy copies of *Il Tempo* are provided to Their Majesties of Atlantia, Their Highnesses, Kingdom Chronicler, and the Kingdom Seneschal in either electronic or paper format as requested. All Chroniclers in the Kingdom are invited to peruse the electronic version posted on the Baronial website.

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Photo by Theresa Crean (Lady Theresa O Cahir).



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IL TEMPO

Welcome to *Il Tempo* (The Times), the Newsletter of the Barony of Ponte Alto, one of the northern baronies in the Kingdom of Atlantia.

Il Tempo strives to be an informative read that you look forward to. To this end, we are always appreciative of any contributions to it, perhaps an article of a project you are working on or are interested in, how to make/play a period game, your experience at an event, how/what to prepare for a day trip, a recipe/piece of garb that you've made, documentation on an item you've competed - a how to on documentation, a few words on a historical person/event, photos, a book review, something to share with a newcomer - perhaps a short autobiography of your persona or how you came to figure out your persona.

The list can go on for ages - only limited by the speed at which our hands can write out what our minds can think of.

Come, share with us adventures in the great Barony of Ponte Alto, in the grand Kingdom of Atlantia, in this - the current Middle Ages!

News / Announcements

Looking for the Barony's Spears

At the Barony's 20 Year celebration, the spears didn't make it "home". If you are storing them or know where they are, please contact the Baron and Baroness and let them know.

Ponte Alto Cook's Guild

The Ponte Alto Cooks Guild is for those interested in medieval cooking methods, ingredients, and recipes. Find us on Facebook. The next gathering will be on December 12th.

Il Tempo Past Issues

Due to a technical glitch, *Il Tempo* newsletters for the past several months were not posted on time. This has been rectified and the past issues can be found in the archive at <http://pontealto.atlantia.sca.org/iltempo/iltempo2012.php>.



Tidbits from The (Nice!) Troll Under the Bridge

There's a nice little troll who lives under the Ponte Alto bridges. Every once in a while, the troll will pass along anything it hears while it lurks about.

At Holiday Faire, a lot of garb was sold out of our treasure trove from Gold Key. The Barony profited \$851.00! Thanks go out to Baron Drogo and Baroness Adina for offering their living room for sorting and the trailer for hauling. Thanks also to Lord Daniel Warwick, Lady Bevin, Lady Sophia, Lady Caitilin, Lady Annika, Nihani, Lady Theresa, and her daughters Katherine and Mathilde. At the next gathering, we'll have a moment of silence for the clothes rack which met it's demise early in the day.

Also at Holiday Faire, Mistress Belpheobe took Cellach as an Apprentice!

Lord William Gilcrest, Rapier Champion to their Excellencies of Ponte Alto, and his wife, Baroness Catalina dell'Aqua, welcomed their first born and heir to the World. VIVANT!

The Oak, Arts & Sciences newsletter for the Kingdom (and produced by our own Baron Marcellus!) is available online. The most recent issue can be found at:

<http://oak.atlantia.sca.org/oak2012i27.pdf>

Baroness Emma West is having a garland making class at her house on December 9th starting at 1:00 p.m. If you want to come contact her for her address. She's on the Barony's mailing list and the FB page.

Michael's has Viking wire weaving kits on clearance! Most of the stores in Reston are out. (Bevin picked them all up!)

Request from our MOAS...

Ponte Alto is working on revitalizing our online gallery of A&S projects. We are seeking submissions from our local artisans! Please send your photographs and a description to Lady Bevin at moas AT pontealto.atlantia.sca.org.



Make Merry Medievally

By Theresa O Cahir (Theresa Crean)

Want to bring a medieval twist to your holiday season? It's easier than you might think because many of the customs and traditions we have today in America have roots in the Middle Ages.

You can bring the outside in by using evergreen clippings from trees and shrubs. Holly, pine, cedar, and fir are great to use as a base for a dining room table decoration. English ivy can be added and intertwined with the evergreens. Add some candlesticks with taper candles and you've got a beautiful centerpiece.

The Yule Log was carried through from pre-Christian beliefs and traditions. The Yule Log was important to Vikings for their solstice celebration, as well as cultures in what is present-day British Isles. You can make your own Yule Log. Take a piece of wood about one-foot long. Gather pinecones, cuttings of pine needles, ivy, holly, and mistletoe (some nurseries carry it during November and December). You can add cinnamon sticks and dried berries. Wrap a ribbon—paper or cloth is best; avoid wire—around the log and stick the greenery under the ribbon. Place the pinecones, cinnamon stick and berries on the log; you can use glue to affix them (hot glue gun works best). Then, burn in your fireplace or firepit!



If you don't have a way to burn a Yule log, you can always eat one. Bûche de Noël is a delicious dessert that isn't that hard to make. All Recipes.com had many recipes; there's even one titled, "Build a Yule Log in Four Simple Steps".

Feasts were always a part of Yuletide celebrations. If you want to try your hand at creating dishes for your Christmas table, take a look at <http://www.godecookery.com/>. If you want to cook a feast, look at the navigation bar on the left. Part way down there is a link to "Feasts Within the Society for Creative Anachronism".

Information taken from the following sources:

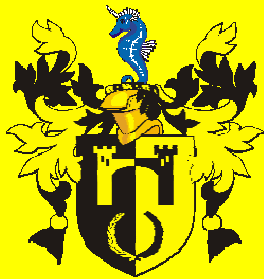
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About.com Medieval Christmas. <<http://historymedren.about.com/library/weekly/aal20897.htm>> Accessed 22 November 2012.

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Gode Cookery website. <<http://www.godecookery.com/>>. Accessed 21, 22, and 23 November 2012.

AllRecipes.com website. <<http://allrecipes.com>>. Accessed 23 November 2012.



Regnum

Baron and Baroness

Barone Drogo Rainulf de Dragonera
Baronessa Adina von der Heide
Stephen and Liza Cicirelli
4214 Maylock Ln
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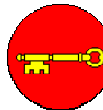


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Minister of Arts & Sciences

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Kristin Moran
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(Continued on next page)

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Regnum (continued)

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Mistress Belphebe de Givet
Laura Martinez
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Nicholas Freer
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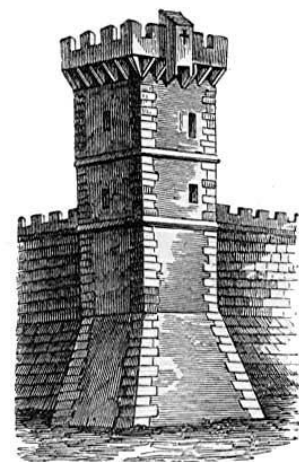
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Artwork from www.classroomclipart.com;
accessed October 25, 2009



Ponte Alto Notables

Baronial Warlord

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Baronial Heavy Champion

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Kevin Maxson
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Baronial Rapier Champion

Lord William Gillecrist Ross
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Baronial Archery Champion

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Photo by Theresa Crean (Lady Theresa O Cahir)

Baronial Progress

| Date | Event | Barone/Baronessa |
|----------------|-------------------------------|------------------|
| 15 December | Yule at Caer Mear | Drogo & Adina |
| 11-13 January | Twelfth Night | Drogo & Adina |
| 26 January | Ice Castle | Drogo & Adina |
| 15-17 February | Ymir | Drogo & Adina |
| 23 February | Tournament of Love and Beauty | Drogo & Adina |



Baronial Business Meeting Minutes

December 2, 2012

St. Paul's Lutheran Church
7426 Idylwood Road
Falls Church, VA

Attendance: 14

Start: 6:09 p.m.

Officer Reports

Seneschal—Bob Capozello

Quite a bit was covered at Unevent. (Editor's Note: below is a quick rundown; contact Marcellus for in-depth information.)

- There is currently no Media Relations Deputy, so before any contact with media, the Kingdom Seneschal must be contacted.
- If modern authorities are called (police, fire, EMS) the Kingdom Seneschal must be contacted immediately.
- There are no longer Unofficial Events. Events are listed in The Acorn; any local gathering is now a Locally Listed Event.
- Kingdom will begin warranting Autocrats. Autocrats and their Deputies MUST be paid members.
- Autocrats must get written permission to publish contact info. for event staff.
- Autocrat must stay on-site for duration of event (or officially designate someone if they need to leave).
- Blue cards need to be checked at all martial activities (includes practices) and a warranted Marshal must be present.
- At equestrian events, anyone on-site must sign a waiver acknowledging the presence of the horses.
- Events are either Dry or Wet; no longer discreetly wet.
- To SPIKE an event, the Autocrat and site address are a must. By the time the flier is published in The Acorn, details such as event schedule, feast, description of activities must be firmed; TBD will no longer be accepted.
- Seneschal will keep a file for each event to include Gate Sheets, copies of contracts, etc. The time limit is 3 to 5 years.
- On webpages, any links that are to non-SCA sites must have a notation that the link is to an external site.
- Video cannot be put on websites or on Facebook pages at this time.

Treasurer—Daniel Bensing

The account balance is \$9,320.77. We had a profit of \$633.50 from Chalice; we received the \$200 deposit refund from the site. \$847.00 was made at Holiday Faire; Liza added another \$4.00 from a last-minute sale.

Knight Marshal—Gilbert Gordon, absent

No report.

Rapier Marshal—Jeff Williams

Rapier continues. No practice the week of Christmas due to schools being closed for holidays.

(continued on next page)



Archery Marshal—Nicholas Freer, absent

Holding archery practice at the Ft. Belvoir range; dates will be announced via Facebook.

Minister of Arts & Sciences—Kristen Moran

Attended Unevent; MOASes talked about judging. Passed out cards for Twelfth Night—ladies are supposed to give cards to lords they wish to dance with.

Chatelaine—Christine Menton

Next Newcomer's Meeting is on Dec. 7th at Jenny Murphy's house. Beginning soon, Chatelaines only have one quarter to complete the Chatelaine 101 training or step down.

Herald—Matt Torsky, absent

No report.

Chronicler—Theresa Crean

Attended Unevent and discussion revolved around the need to obtain permission to publish forms. In future, Kingdom wants to publish all the Baronial newsletters on the Kingdom website, so *Il Tempo* will be more visible.

Web Minister—Rachel Storey, absent

No report.

Minister of the Lists—Kari Dalton

Attended Unevent; nothing to report.

Minister of Minors—Eliisa Harman

Attended Unevent and future changes to Youth were discussed. One good idea that came out of the meeting was for children to wear t-shirts when they are doing arts and crafts to protect their garb. MoM is asking for donations of plain t-shirts.

Baron and Baroness—Stephen and Liza Cicirelli

Reviewed recent events. At Unevent, Their Majesties talked about recruiting and award recommendations. Also, discussion about tweaking the website so it will appeal to younger folks was discussed. Stephen reviewed the heavy fighter and rapier meeting. Reviewed upcoming Baronial Progress. Liza talked about gift baskets and needing donations. Twice a year baskets are put together for Kingdom. Baron and Baroness can also use items for largesse.

Events

Love & Beauty (Feb. 23rd)

ABC License has been applied for. ACCEPS is up and running. The feast will be French! Everyone was tasked by His Majesty to increase the horses 10 fold. So, there will be a paolo with horses for the kids.

St. Paddy's Day Blood Bath (Mar. 9th)

Kari reviewed the budget; a motion was made and the budget was approved. Adding a demo aspect to the event was reviewed again and will be pursued.

(continued on next page)



Chalice of the Sun God X (2013)

An autocrat is needed. Kari tentatively said she'd do it and will give a final decision after Bloodbath. Also discussed adding Equestrian to the event; this will continue to be discussed so more information is available for a decision at a later date. Laura will do the scoring again. The tentative theme is "Chariot of Apollo".

Fall Crown Tournament (Sept. 2013)

Rachel was absent; no report.

Old Business

Scribal Night: Kristen polled for a good night. Sorting out the responses and finding a good day/time.

No report at this time on reviving the College of Saint Stephen's.

Liza completed the radio interview about SCA.

Cookie Competition will be at Tamara's on December 15th. Details will be sent to the mailing list.

New Business

None

Announcements

Kristen mentioned that Michaels has Viking wire weaving kits on clearance!

Adjourned at 7:17 p.m.

You Know You're in the SCA When...

...your reaction when you see a handicraft is "I can make that!"

...you're a burly guy who looks like a Hell's Angel, but you do embroidery in public.

...you name your dog or cat after obscure historical figures.

...you see a sign "FENCING" and wonder if you should stop and price their foils and epees!



Photo by Theresa Crean (Lady Theresa O Cahir)



Calendar

December

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|------------------------|---|---|--|--------------------------------|--|
| | | | | | 1 Unevent | 2 1:30 Outdoor Heavy Weapons Practice 3:00 to 5:00 Archery at Ft. Belvoir 6 p.m. Baronial Business Meeting |
| 3 5 p.m. Outdoor Archery Practice | 4 | 5 5 p.m. Sewing Circle | 6 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice | 7 7:00 p.m. Newcomer's Meeting | 8 Hanukkah begins | 9 1:30 p.m. Outdoor Heavy Weapons Practice |
| 10 5 p.m. Outdoor Archery Practice | 11 | 12 7 p.m. Cooks Guild | 13 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice | 14 | 15 | 16 1:30 p.m. Outdoor Heavy Weapons Practice 3:00 to 5:00 p.m. Archery at Ft. Belvoir |
| 17 5 p.m. Outdoor Archery Practice | 18 | 19 5 p.m. Sewing Circle | 20 | 21 | 22 | 23 |
| 24 Christmas Eve 31 New Year's Eve | 25 Christmas | 26 5 p.m. Sewing Circle | 27 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice | 28 | 29 | 30 |



Weekly Events

- Sunday**
Ponte Alto Baronial Business Meeting
- Fourth Sunday of the month at 6:00 p.m. at St. Paul's Lutheran Church, 7426 Idylwood Rd, Falls Church.
Directions: Take your best route to I-66. Get off at the exit for Route 7 West (Tysons Corner). Turn left at the first light after the interchange onto Idylwood Rd. Go ¼ mile; the church is up the hill on the right.
- Outdoor Heavy Weapons and Rapier Practice
- Weather permitting, 1:30 to 4:00 p.m., outdoors at Tysons-Pimmit Park, behind TysonsPimmit Library, Falls Church. Please contact the Baronial Knight Marshal for more information.
- Outdoor Archery Practice
- Meets some Sundays 3:00 to 5:00 p.m. at Ft. Belvoir's Archery Range. Contact Baronial Archery Marshal or check the Barony's Facebook page for dates and times. The Archery Marshal can give you directions to the range.
- Monday**
Alle Psallite (Vocal Music)
- Currently on hiatus. Please contact Mistress Anne of Carthew (anne AT ravenstreet.org) for more information.
Music files can be found at: http://www.ravenstreet.org/music/alle_psallite.php and on the Yahoo Group AllePsallite.
- Ponte Alto/Stierbach Archery Practice
- 5:00 to 7:00 p.m. during Daylight Savings Time. The outdoor practice site is at Grimmsfield, 16132 Crusade Ct., Haymarket, VA 20169. Practices are held jointly with Stierbach. You may contact the Baronial Archery Marshal for carpool or other information.
- Wednesday**
Sewing Circle
- Every Wednesday at 7:00 p.m., alternating between Arlington and Reston. For details and to learn where the next meeting will be hosted, please join the Ponte Alto Sewing Circle Facebook Group, or you may email Lady Elisande at traumspindel AT gmail.com. Fitting questions, research issues and sewing projects are all welcome!
- Thursday**
Indoor Rapier Practice*
- Every Thursday at Shreveewood Elementary School from 6:00 to 9:00 p.m. Please use the rear entrance to the cafeteria. Please contact the Baronial Rapier Marshal for more information. This is a school activity.*
- Indoor Heavy Weapons Practice*
- Haycock Elementary School at the corner of Haycock Road and Westmoreland Street in Falls Church from 6:00 to 9:00 p.m. Practice is geared to developing the beginning and intermediate fighters through intensive hands-on training with experienced instructors, as well as to provide ample opportunity for more advanced fighters to spar with knight-level combatants. All are welcome. Contact the Baronial Knight Marshal for more information. This is a school activity.*
- Friday**
Newcomers Meetings
- Once a month, Newcomers Meetings occur from 7:00 to 9:00 p.m. at the home of various members of the Barony. Contact the Baronial Chatelaine or check the Facebook page for the date and host's address.

***= Note on school locations for activities:**

There will be no activities at schools during school holidays or on other days when Fairfax County schools are closed or all nighttime school recreational activities are cancelled. Notification of cancellation or alternate site location will be posted on the website as soon as possible. You can visit the Fairfax County Public Schools Emergency Announcement page for school closure status at <http://fcps.edu/news/emerg.htm>



Il Tempo Submissions

Everyone is encouraged to consider contributing to *Il Tempo*.

Il Tempo is a publication of the Barony of Ponte Alto, of the Society for Creative Anachronism (SCA), Inc. Please send submissions to:

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7731 Carrleigh Parkway
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Chronicler@PonteAlto.Atlantia.SCA.org

Please, remember that all submissions for *Il Tempo* must be accompanied by an SCA release form. Below are the links to the necessary forms. The first link leads you to the Society Chronicler's links for forms. The last three links are for the forms that can be submitted online via Internet Form Fills.

Society Chronicler forms

[http://www.sca.org/docs/library.html#release forms](http://www.sca.org/docs/library.html#release%20forms)

Release form for **writing or artwork**:

<http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>

Release form for **photographs**:

<http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>

Release form for **models** (the subject of your artwork or photograph):

<http://www.sca.org/docs/pdf/ReleaseModelFillable.pdf>